

**General Instructions:**

1. This question paper has divided into 3 sections. Section- A Reading (20m), Section- B Writing & Grammar (30m), Section- C Literature (30m).
2. Attempt all questions. Each section should be attempted at one place.
3. Write the question numbers correctly.

**SECTION-A READING (20)**

**Q1. Read the following passage and answer the questions that follow- (12)**

An escalating epidemic of overweight and obesity is affecting many countries in the world. More than 300 million people are overweight or obese. In India some people tend to be overweight because of their high calorie diet and lack of physical activities. In the United States obesity is more prevalent in lower economic groups. Obesity is now recognized as a disease in its own right. Though obesity commonly means very overweight, it is defined as an excess amount of body weight that includes bones, fat and water. Obesity especially refers to an excess amount of body fat. Some people such as body builders or athletes with a lot of muscles, can be overweight without being obese.

A certain amount of body fat is needed for stored energy, heat insulation, shock absorption and other functions. Generally women have more body fat than men. Usually men with more than 25% body fat and women with more than 30% body weight are regarded as obese. Obesity tends to run in families suggesting a genetic cause. Environmental factors mean lifestyle behaviours, such as what a person eats and his or her level of physical activity. Although you cannot change your genetic makeup, you can change your eating habits and the levels of activity. You can learn how to choose more nutritional meals which are low in fat and become more active.

Then there are physical factors. Negative emotions such as boredom, sadness or anger, respond to people who overeat. There is also binge eating when people eat large amount of food, thinking that they cannot control. Those with the most severe binge eating problems are also likely to have symptoms of depression and low self-esteem. These people may have more difficulty in losing weight than people without binge eating problems.

As the trend is to equate attractiveness with slimness, especially for women, obesity makes people feel unattractive. There are many methods of treatment but the benefits of exercise are much more than any other way of losing weight. Not only does exercise help you to lose weight, but it also improves skin texture. Exercises are free from the harmful side effects of crash dieting, slimming capsules and the heat treatment used by slimming centers.

**A. Answer the following-**

**(2x4=8)**

- i. What is obesity?
- ii. When can men and women be described as being obese?
- iii. How can exercise help people lose weight?
- iv. What are the two psychological factors that cause obesity?

- B. Find the words from the passage which mean the same as the following- (1x4=4)
- Increasing  
a. Escalating b. Epidemic c. Prevalent d. Excess
  - Common  
a. Obese b. Amount c. Prevalent d. Specifically
  - Concerning the mind  
a. Respond b. Symptoms c. Psychological d. Depression
  - Stretchability  
a. Unattractive b. Flexibility c. Harmful d. Treatment

**2) Read the passage carefully**

**(8)**

The secret of Leonardo Da Vinci's talent and Pablo Picasso's success may have been their dyslexia. The two men both suffered from the 'word blindness' that affects as many as one in 12 children – but it seems it can also bring the keen spatial awareness that makes the difference between a jobbing painter and a master of art.

The researchers put 41 men and women through tests to assess their visuo-spatial ability. Although we tend to think of the skill in terms of map-reading and parking, the ability to process 3D information accurately is also a key to art and design.

Around half of those taking part were dyslexic and so had trouble learning to spell, read and write. The dyslexic men did better than the other men on many of the tests, including recalling the direction of the Queen's head on a postage stamp and reproducing designs using coloured blocks. <http://www.cbseboardonline.com>

They were also faster and more accurate at navigating their way around a 'virtual town' on a computer screen, the journal 'Learning and Individual Differences' reports.

The researchers said there could be several explanations for the findings, including dyslexics developing an enhanced sense of space to compensate for problems with language. Also, many dyslexics prefer to work out problems by thinking and doing, rather than by speaking. This could help dyslexic men develop the kind of skills they need to succeed in the artistic and creative world. However, the dyslexic women had no better spatial awareness than the other women, perhaps reflecting that the ability to manipulate 3D images tends to be more of a 'male' trait.

'Now we have real evidence to indicate that dyslexic men are better in this area.' Artists known or believed to have suffered from dyslexia include Da Vinci, Picasso, Rodin and Andy Warhol. Da Vinci, who is also thought to have suffered from attention deficit hyperactivity disorder, wrote his notes backwards, from right to left. Picasso had trouble reading and struggled at school.

**A) Choose the correct option to complete the following sentences.**

**(4)**

- The researchers put forty one men and women through tests to assess their \_\_\_\_ ability.  
a) map-reading b) design c) visuo-spatial d) artistic
- The ability to process \_\_\_\_\_ accurately is a key to art and design.  
a) 3D information b) virtual town c) postage stamp d) coloured blocks
- Many dyslexic people prefer to work-out problems by \_\_\_\_  
a) Thinking b) speaking c) doing d) finding
- \_\_\_\_\_ wrote his notes backwards, from right to left.  
a) Pablo Picasso b) Researchers c) Dyslexic people d) Leonardo Da Vinci

(2)

**B) Answer the following questions in one sentence.**

**(1x4=4)**

- i) What unique awareness did the 'word blindness' condition bring?
- ii) Why did researchers put forty-one men and women through tests?
- iii) What difficulties do dyslexics face?
- iv) Expand ADHD?

**SECTION -B WRITING & GRAMMAR (30)**

**Q3. Write an article in about 120-150 words on 'Girls are no more a liability, they are an asset'. Sign yourself as Arpita Agrawal. (8)**

**(OR)**

You are Swati Singh living at Trilanga, Bhopal. The insensitive use of loudspeakers has become a nuisance for your colony members. You have complained about it to the authorities many a times but no action has been taken yet, write a letter to the editor of a national daily expressing your concern and drawing the attention of the responsible authorities.

**Q4. Given below is the beginning of a story. Complete it in about 150-200 words. (10)**

My heart was filled with pity when I saw that old lady groaning with pain. I wanted to help her but-----

**(OR)**

Mrs Francis was travelling by train. Suddenly the train stopped and some strange looking men entered into the compartment and-----

**Q5. Complete the sentences with the options given-**

**(4)**

We must understand that we do not live (i) ----- a perfect society and therefore we cannot be free (ii)----- fear. One is protected (iii) ----- home or at school, but when one moves (iv)----- the world outside, one needs to be sensitive about the negative elements in our society.

- |             |            |            |           |
|-------------|------------|------------|-----------|
| i. a. among | b. between | c. in      | d. inside |
| ii. a. of   | b. from    | c. by      | d. off    |
| iii. a. in  | b. at      | c. among   | d. on     |
| iv. a. in   | b. from    | c. towards | d. into   |

**Q6. The following passage has not been edited. There is an error in each line. Write the error and the correction in the space provided- (4)**

Mr Jones woke up one morning, before the	Incorrect	Correct
sun has risen. It was a beautiful day	i.-----	-----
so he goes to the window and looked	ii.-----	-----
out. He was surprise to see a neatly	iii.-----	-----
dress, middle-aged professor coming	iv.-----	-----
from the direction of the town.		

**(3)**

**3**

**Q7. Rearrange the following to make meaningful sentences-**

**(4)**

- i. A new/ corruption/ is not/ in India/ phenomenon
- ii. Prevalent/ in society/ it/has been/ ancient/ since/ times
- iii. Present/ in the/ even/ Mauryan period/ reveals/ history/ that/was/ it
- iv. Kautilya/ forty types/ great scholar/ mentions/ corruption/of/ contemporary/ in/society/his

**SECTION-C LITERATURE (30)**

**Q8. Read the following extract carefully and answer the questions that follow.**

**(4)**

Rolled round in earth's diurnal course  
With rocks and stones and trees.

- i) Who has rolled round?
- ii) What is 'diurnal course'?
- iii) Give the poetic device given in the first line of the extract?
- iv) Name the poet and the poem?

**(OR)**

"The little creature ran around its prostrate parent making a pitiful noise"

- i) Name the lesson and the author?
- ii) Who is the little creature?
- iii) Why was it making a pitiful noise?
- iv) Explain 'prostrate parent'
- v)

**Q9. Answer the following questions in 30-40 words**

**(10)**

- i) What does Vikram Seth compare to the quills of a porcupine?
- ii) What is the central idea of the poem 'The Snake Trying'?
- iii) How does Toto come to grandfather's private zoo?
- iv) How is shehnai different from a pungi?
- v) What does Sergei tell Lushkoff after referring to him as his godson?

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**Q10. How does Einstein prove himself to be a man of humanitarian considerations?**

**(8)**

**(OR)**

Why does the duck call the pond he lives in 'nasty'? How does he succeed in freeing himself from the boredom?

**Q11. answer the following in 100-150 words**

**(8)**

Sergie says, "I am happy that my words have taken effect" Why does he say so? Is he right in saying this?

**(OR)**

The guru was a wise man. How does the story 'In the Kingdom of Fools' reflect it.

\*\*\*\*\*

**(4)**